



Address: \_\_\_\_\_

Contact Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Sex:  Male  Female

Marital Status: \_\_\_\_\_

Children: Y \_\_\_\_\_ N \_\_\_\_\_

Occupation: \_\_\_\_\_

## Personal Training Agreement

I agree to come prepared to all Training Sessions, warmed up, and ready to work out.

### ▣ What to bring to each session

- ❖ A bottle of water and a towel to each training session.
- ❖ A ready to work out attitude!
- ❖ Please make sure you wear appropriate workout attire and shoes.

The more focused you are during your workout, the better your results!

### ▣ Payment Policy

- ❖ **ALL DUES ARE TO BE PAID AT THE BEGINNING OF EACH MONTH.**

### ▣ Cancellation Policy

- ❖ All cancellations must be received at least 12 hours before your training session to avoid being charged for your session. You will have no more than 30 days to make up missed sessions.

Clients who do not cancel giving a 12-hour notice will be charged for the canceled session. If you need to cancel a session, please call (806) 441-2279

### ▣ Refund Policy

- ❖ Jennifer Sedia strives to provide the best possible service to all clients at Infinity Training & Wellness. If for any reason you are not satisfied with our services, we will be happy to discuss the issues with you and work out a resolution.

I have read all policies on this agreement and agree to its terms as it applies.

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

*Here to Encourage, Motivate and Inspire you to work hard to achieve your fitness goals!*

**Termination Policy:** Infinity Fitness and Wellness reserves the right to terminate this membership for cause if I, my employees, or guests fail to obey all rules and regulations, use abusive language, threaten physical violence, engage in criminal activity, be a nuisance, disturb other clients or staff, or fail to pay any amounts due under this Agreement in a timely manner.

**Waiver of Liability:** Infinity Fitness and Wellness urges me and all its members to obtain a physical examination from their personal physician prior to involvement in any activity offered at the gym. I understand there are inherent risks of using the Equipment and participating in the activities offered by the gym, which may be foreseen or unforeseen, and agree to use these facilities entirely at my own risk. I certify that I have no physical or mental condition that precludes me from participating in the facility or its activities and I am not participating against medical advice. I agree to waive and release any and all rights, and rights of my heirs, administrators, executors, successors, and assigns to all claims and cause of action against the gym, its directors, officers, employees and agents arising, directly, from any use of the gym and its facilities and equipment, including but not limited to, personal injury, bodily injury, death, and all property damage, whether arising from the negligence of the gym or otherwise, to the fullest extent permitted by law.

## **PARTICIPANT RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT**

### **READ BEFORE SIGNING**

I acknowledge, appreciate, and agree that Infinity Fitness and Wellness urges me and all its members to obtain a physical examination from their personal physician prior to involvement in any activity offered at the gym. I certify that I have no physical or mental condition that precludes me from participating in the facility or its activities and I am not participating against medical advice.

I understand there are inherent risks of using the Equipment and participating in the activities offered by the gym, which may be foreseen or unforeseen, and agree to use these facilities entirely at my own risk. If I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately.

I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, hereby waive and release any and all rights to all claims and hold harmless Infinity Fitness and Wellness, its directors, officers, employees and agents arising directly from any use of the gym and its facilities and equipment, including but not limited to, personal injury, bodily injury, death and all property damage, whether arising from the negligence of the gym or otherwise, to the fullest extent permitted by law.